



World Jiu Jitsu Tour

Official Ruleset



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About World Jiu Jitsu Tour

World Jiu Jitsu Tour (WJT) is a Brazilian Jiu-Jitsu and submission grappling competition series created by people who genuinely love the sport and believe that competitions should be run better, fairer, and with more care for the athletes who step on the mat.

WJT was started with a simple idea. Build the kind of tournaments we would want to compete in ourselves. Events that are organized, run on time, and focused on creating a positive experience for everyone involved, from first-time competitors to seasoned athletes, and from coaches to families in the stands.

Our goal is to create a tour that athletes, coaches, and academies can trust and feel proud to be part of. We want WJT to be known for consistency, professionalism, and respect for the sport. Win or lose, we want every competitor to walk away feeling that they were treated fairly and that the event was worth their time and effort.

WJT is about more than medals and brackets. It is about the community, the shared grind of training, and the courage it takes to step onto the mat and test yourself. Every match is a chance to learn something, every event is a chance to improve, and every competitor is part of what makes jiu jitsu special.

We are building World Jiu Jitsu Tour one event at a time, with the long-term vision of growing it into a respected competition circuit that helps push the standard of jiu-jitsu tournaments higher, while staying true to the values and spirit of the art.



Purpose & Governing Authority

The purpose of this rulebook is to provide clear, consistent, and fair guidelines for all World Jiu Jitsu Tour (WJT) events. These rules exist to ensure athlete safety, competitive integrity, and a smooth and professional experience for everyone involved, including athletes, coaches, referees, and spectators.

All competitors, coaches, and team representatives are expected to read, understand, and follow these rules. By registering for a WJT event, all participants agree to abide by the rules and procedures outlined in this document, as well as any event-specific instructions provided by WJT staff.

World Jiu Jitsu Tour follows the technical standards of the International Brazilian Jiu-Jitsu Federation (IBJJF) for scoring, refereeing, and the classification of legal and illegal techniques. These standards serve as the foundation for how matches are conducted and how results are decided.

In the event of any situation not explicitly covered in this rulebook, or in the case of any conflict in interpretation, the WJT Head Referee and Event Director have the authority to make the final decision. Their decisions are made with the goals of safety, fairness, and the best interest of the competition in mind.

WJT reserves the right to interpret, enforce, and, when necessary, update these rules to maintain the quality, safety, and integrity of its events.



Rules of Behavior & Code of Conduct

All participants, including athletes, coaches, team members, and spectators, are expected to behave in a respectful and sportsmanlike manner at all World Jiu Jitsu Tour (WJT) events. By attending or participating in a WJT event, you agree to follow the rules and standards of conduct outlined below.

1. All competitors must wear appropriate footwear when not on the competition mats. Failure to do so may result in disqualification.
2. Any threats, acts of violence, or aggressive behavior of any kind will result in immediate removal from the event and may lead to suspension from future WJT events.
3. Harassment or abuse directed at competitors, referees, staff, or spectators will not be tolerated in any form. This includes verbal, physical, or online harassment.
4. The use of offensive or discriminatory language, including but not limited to racist, sexist, or otherwise hateful remarks, is strictly prohibited and will result in removal from the event.
5. Unsportsmanlike conduct by a competitor may result in disqualification from the event.
6. Unsportsmanlike conduct by a coach or team representative may result in penalties to their athlete, removal from the venue, and loss of coaching privileges at WJT events.
7. Competitors and coaches must respect the authority of referees and event staff at all times. Arguing with, insulting, or attempting to intimidate officials is not permitted.
8. Harassment, intimidation, or stalking of any participant, whether in person or through digital or social media platforms, will result in immediate removal from the event.
9. Competitors are strictly prohibited from participating while under the influence of illegal drugs or any substance that may impair judgment or physical ability.
10. WJT reserves the right to remove any individual from the venue whose behavior is deemed disruptive, unsafe, or harmful to the event environment.

Failure to follow this Code of Conduct may result in disqualification, removal from the venue, suspension from future events, or other disciplinary action at the discretion of WJT.



Sportsmanship & Disciplinary Actions

World Jiu Jitsu Tour (WJT) is committed to promoting a positive, respectful, and professional competition environment. All participants are expected to demonstrate good sportsmanship both on and off the mat.

Good sportsmanship includes, but is not limited to, showing respect to opponents, referees, event staff, coaches, and spectators, accepting match results with maturity, and representing one's academy and the sport in a positive way.

WJT reserves the right to take disciplinary action against any individual whose behavior violates the Rules of Behavior, Code of Conduct, or the spirit of fair competition.

Disciplinary actions may include, but are not limited to:

1. Verbal warning
2. Removal from the match area or venue
3. Disqualification from a match or the event
4. Forfeiture of results, medals, or awards
5. Suspension from future WJT events
6. Permanent ban from WJT events in severe or repeated cases

Disciplinary decisions may be made by the Head Referee, Event Director, or WJT staff. These decisions are based on the severity of the behavior, whether it is a repeated offense, and the impact on athlete safety or the integrity of the event.

Unsportsmanlike conduct by a coach, team representative, or spectator may result in penalties or disciplinary action applied to their affiliated athlete, as well as removal from the venue.

All disciplinary decisions made by WJT officials are final.



Sandbagging & Competitive Integrity Policy

World Jiu Jitsu Tour (WJT) is committed to providing fair and balanced competition for all athletes. To protect the integrity of our events, WJT strictly enforces a policy against sandbagging.

Sandbagging is defined as the act of intentionally competing in a division below one's true skill level, experience, or rank in order to gain an unfair advantage.

Sandbagging may include, but is not limited to, the following:

1. Competing in a Gi division at a belt level lower than one's actual rank.
2. Competing in a No-Gi division at a skill level lower than one's actual experience or ability.
3. Youth competitors competing below their true belt or skill level.
4. Competitors with significant wrestling experience, judo black belts, or high-level experience in other grappling arts competing in beginner or white belt divisions.
5. Professional or high-level amateur MMA fighters competing in beginner or white belt divisions.

Any adult competitor found to be sandbagging may be disqualified from the event and may be suspended from future WJT events. In cases of repeated or severe violations, a permanent ban from WJT competitions may be issued.

In youth divisions, WJT will take a more educational approach whenever possible. If a youth competitor is found to be registered in an inappropriate division, WJT staff may work with the athlete, their coach, and their parent or guardian to place the athlete in a more appropriate division. However, in severe or repeated cases, disciplinary action may still be taken.

All athletes, coaches, and parents or guardians are responsible for ensuring that competitors are registered in the correct division.

Any concerns or complaints regarding sandbagging must be brought to the Head Table or Event Director. Referees do not have the authority to resolve sandbagging disputes.

WJT reserves the right to review an athlete's competitive history, rank, and experience level and to move, disqualify, or remove an athlete from a division at any time in order to maintain fair competition.



Athlete Eligibility & Registration

This section outlines who may compete in World Jiu Jitsu Tour (WJT) events, how athletes must register, how divisions are formed, and how bracket-related situations are handled.

Registration Rules

All WJT events operate on a pre-registration basis unless otherwise stated.

1. Registration must be completed through the official WJT registration platform (Smoothcomp) before the posted deadline.
2. An athlete is not considered registered until both the registration form and full payment have been successfully completed.
3. No registrations or payments will be accepted after the registration deadline, except for spectators or as otherwise announced by WJT.
4. Athletes must review all event information, including schedules, deadlines, and division details, before registering.
5. Absolute divisions, if offered, require separate registration and may require an additional fee.
6. WJT reserves the right to close registration early if capacity limits are reached.

Eligibility Requirements

1. Athletes must compete in divisions that match their age, rank, and experience level.
2. Age divisions are determined by the athlete's age on the day of the event.
3. Masters competitors may choose to compete in Adult divisions.
4. Youth competitors must be registered by a parent or legal guardian.
5. Competitors may register at a higher skill level in No-Gi divisions than their belt rank, but may not register at a higher belt level in Gi divisions.
6. Athletes with significant experience in other grappling arts, such as wrestling, judo, or MMA, may be restricted from entering beginner or white belt divisions.
7. All athletes are responsible for ensuring that the information provided during registration is accurate and truthful.

WJT reserves the right to move or remove any athlete from a division if their registration is found to be inaccurate or inappropriate.

Divisions (Age, Belt, Skill, Absolute)

WJT divisions are organized by:

- Age
- Belt (for Gi divisions)



- Skill level (for No-Gi divisions)
- Weight class

Absolute divisions, if offered, allow competitors to compete without weight restrictions and are run separately from regular weight divisions.

Athletes may only compete in divisions for which they are properly registered and eligible.

Division Mergers & Bracket Adjustments

In order to ensure meaningful competition, WJT may merge divisions or adjust brackets when a division does not have enough competitors.

1. WJT reserves the right to merge divisions based on age, weight, belt, or skill level when necessary.
2. Mergers will always prioritize athlete safety and competitive fairness.
3. When possible, divisions will be merged with the closest appropriate division in terms of age, belt, and weight.
4. In some cases, athletes may be offered the option to move to a different division or receive a credit or refund.
5. Once brackets are finalized and published, division mergers and bracket adjustments are considered final.

The Event Director and Head Referee have final authority over all division merges and bracket decisions.

No-Shows, Walkovers & Forfeits

Athletes are responsible for being present at the mat area when their match is called.

If an athlete does not report to the mat within a reasonable time after being called, they may be declared a no-show and forfeit the match.

A walkover occurs when an athlete wins a match because their opponent does not appear or is unable to compete.

An athlete who withdraws from a match or division for any reason after the event has begun will forfeit that match or division.

No-shows and forfeits do not qualify for refunds.



Athlete Responsibilities

All athletes competing in World Jiu Jitsu Tour (WJT) events are responsible for ensuring that they meet all uniform, hygiene, and safety requirements. Failure to comply with these standards may result in disqualification or removal from competition.

Uniform & Equipment Regulations

Gi Divisions:

1. Gis and belts will not be formally measured prior to competition, but WJT officials reserve the right to require an athlete to change their gi if it is deemed inappropriate. This includes, but is not limited to:
 - Gi or belt that is excessively short or long
 - Excessive patches that prevent proper gripping
 - Torn, dirty, wet, or foul-smelling uniforms
2. Athletes may wear a tight-fitting rash guard under the gi. Loose shirts or loose rash guards are not permitted.
3. Gis may be any color unless otherwise specified by the event.

No-Gi Divisions:

1. Athletes must wear grappling shorts without pockets, zippers, metal, or plastic components. Shorts must reach at least halfway down the thigh and no longer than the knee.
2. Women may wear tight-fitting compression pants or leggings. Spats may be worn under shorts.
3. A tight-fitting rash guard or compression top is required. Competing shirtless or in loose clothing is not permitted.

General Equipment Rules:

- Athletes must wear appropriate undergarments.
- Soft knee pads or joint supports are permitted. Any equipment containing hard plastic or metal is prohibited.
- Jewelry, watches, piercings, hairpins, hard headgear, or any sharp or hard objects are not permitted.
- Groin protectors and any equipment deemed unsafe by the referee are not permitted.
- The referee has the right to require the removal or adjustment of any equipment at any time.

Personal Cleanliness & Hygiene



1. Fingernails and toenails must be trimmed short.
2. Long hair must be tied securely.
3. Athletes must maintain proper personal hygiene and wear clean uniforms.
4. Athletes may not wear any substance, including hair products, makeup, or body products, that may stain the mat or an opponent's uniform.
5. Athletes with visible skin infections, open wounds, or contagious skin conditions will be referred to medical staff and may be prohibited from competing.
6. Under all circumstances, the event medical staff has the final authority to determine whether an athlete is medically fit to compete.

Medical & Safety Requirements

1. Athletes compete at their own risk and are responsible for ensuring they are physically able to participate.
2. WJT reserves the right to require medical clearance for any athlete if a medical concern is identified.
3. The referee may stop a match at any time if an athlete's safety is in question.
4. The event medical staff may stop a match or remove an athlete from competition if they determine it is unsafe for the athlete to continue.
5. Athletes who are bleeding, vomiting, or who lose control of bodily functions will have their match stopped in accordance with WJT medical and safety protocols.
6. Athletes who lose consciousness during a match may be removed from the remainder of the event and may be required to seek medical evaluation before competing again.



Weigh-In & Check-In Procedures

All athletes competing in World Jiu Jitsu Tour (WJT) events must complete the official check-in and weigh-in process in order to be eligible to compete.

Weigh-In Rules

1. All athletes must check in and weigh in at the official weigh-in area before competing.
2. Athletes must be present at the venue at least 60 minutes before their scheduled division start time.
3. Weigh-ins may be completed any time up to at least 60 minutes before an athlete's scheduled division start time, unless otherwise announced by WJT.
4. All competitors in Gi divisions must weigh in with their gi.
5. Athletes competing in both Gi and No-Gi divisions only need to weigh in once.
6. Athletes competing in Absolute divisions must still complete the weigh-in process.

Weight Allowances & Missed Weight

1. WJT provides a weight allowance of:
 - a. 1.0 pound for all adult divisions
 - b. 2.0 pounds for all youth divisions
2. Any weight over the allowed limit will be considered a failure to make weight.
3. Athletes who fail to make weight during the designated weigh-in period will be disqualified from that division.
4. Athletes who fail to make weight will not be moved to another weight division.
5. Athletes who are disqualified for missing weight are not eligible for a refund or credit.

Check-In Process

1. All athletes must check in at the registration or check-in desk before competing.
2. During check-in, athletes must:
 - a. Confirm their name and division(s)
 - b. Complete any required event forms
 - c. Receive any credentials or wristbands required to compete
3. Athletes are responsible for verifying that they are correctly registered in the proper divisions during check-in.
4. Once an athlete has completed check-in and weigh-in, they are considered eligible to be placed into the competition brackets.



Event Operations & Venue Rules

All participants, coaches, and spectators must follow these rules to ensure a safe, organized, and respectful event environment.

Match Area & Safety Zones

1. The competition area consists of the main match area and surrounding safety zones.
2. Action occurring within the match area is considered in bounds and is eligible for scoring.
3. If athletes move into the safety zone during a match, the referee will stop the action and restart the match according to the out-of-bounds procedures.
4. If two-thirds or more of the athletes' bodies are outside the match area in a stabilized position, the match will be stopped and restarted in the center in the same or a similar position.
5. If athletes exit the match area while standing, the match will be restarted standing in the center.
6. If a submission is being applied near or in the safety zone, the referee may allow the action to continue if it can be done safely.
7. Only the competing athletes and the referee are allowed inside the match area during a match.

Coach & Corner Rules

1. Coaches and team representatives must remain in designated coaching areas.
2. Only a limited number of coaches per athlete may be allowed mat-side, as determined by WJT for each event.
3. Coaches may give verbal instruction but may not:
 - a. Enter the match area
 - b. Touch the athletes during a match
 - c. Interfere with the referee or the match
4. Coaches must follow all instructions given by referees and event staff.
5. Unsportsmanlike or disruptive behavior by a coach may result in removal from the venue and may result in penalties or disqualification being applied to their athlete.

Venue Access & Conduct

1. All participants and spectators must follow the rules and policies of the venue hosting the event.
2. WJT reserves the right to restrict access to certain areas, including warm-up zones, staging areas, and competition floors.
3. Anyone who does not have proper credentials or permission may be removed from restricted areas.
4. Disruptive, unsafe, or inappropriate behavior by any person in the venue may result in removal from the event.



5. WJT is not responsible for lost, stolen, or damaged personal property.



Match Structure

This section explains how matches are organized and how long they last at World Jiu Jitsu Tour (WJT) events.

Match Duration

Match times may vary by division and event. Unless otherwise announced, the standard match times are:

1. **Adult divisions:** Depends on belt
2. **Teen divisions:** 4-5 minutes
3. **Kids divisions:** 3-4 minutes

WJT reserves the right to adjust match times based on event size, schedule constraints, or special divisions.

Final matches or special divisions may have different time limits, which will be announced prior to the event.

Match Formats (Double Elimination, Round Robin, Absolute)

WJT uses different competition formats depending on the size and structure of each division.

1. Double Elimination

- Most divisions are run in a double-elimination bracket format.
- A loss eliminates the athlete from the gold medal bracket in that division. Afterwards, they are placed in a bronze medal bracket for third place. Upon a second loss the competitor is completely eliminated.

2. Round Robin

- Divisions with a small number of competitors may be run in a round-robin format.
- In round-robin divisions, each athlete competes against every other athlete in the division.
- Final placement is determined based on wins, points, or other criteria announced by WJT.

3. Absolute Divisions

- Absolute divisions allow athletes to compete without weight restrictions.



- Absolute divisions are run separately from regular weight divisions and require separate registration.
- The format of absolute divisions may be double elimination or another format as determined by WJT.

WJT reserves the right to choose or change the format of any division in order to ensure fair competition and efficient event operation.



Refereeing & Match Control

World Jiu Jitsu Tour (WJT) matches are overseen by trained referees whose primary responsibility is athlete safety, fair application of the rules, and proper match control.

Authority of the Referee

The referee is the highest authority during the match.

The referee's decisions regarding scoring, penalties, fouls, and the outcome of the match are final, except as outlined in the Officiating Review & Protest Procedure.

The referee may stop the match at any time to:

- Protect athlete safety
- Address a rule violation
- Call for medical attention
- Correct uniform or equipment issues

The referee has the authority to disqualify an athlete for serious fouls, dangerous behavior, or unsportsmanlike conduct.

The referee's primary responsibility is the safety of the athletes.

Referee Instructions & Match Procedures

The referee will call the athletes to the mat and perform a final check of uniforms, hygiene, and equipment before the match begins.

The referee will position the athletes and signal the start of the match.

During the match, the referee will:

- Award points and penalties
- Enforce rules regarding stalling, out-of-bounds, and illegal techniques
- Stop the match when necessary for safety, submissions, or medical issues

Out-of-Bounds Procedures:

- If two-thirds or more of the athletes' bodies are outside the match area in a stabilized position, the referee will stop the match and restart it in the center in the same or a similar position.
- If the athletes go out of bounds while standing, the match will be restarted standing in the center.
- If a submission is being applied near or in the safety area, the referee may allow the action to continue if it is safe to do so.



When the referee stops the match, athletes must:

- Remain in position
- Wait for the referee's instruction
- Resume only when told to do so

The referee may stop the match to:

- Re-tie belts
- Adjust uniforms
- Remove illegal or unsafe equipment

The referee will stop the match when:

- Time expires
- A submission occurs
- The doctor stops the match
- An athlete is disqualified or unable to continue

At the end of the match, the referee will declare the winner and raise only the winner's hand.

Referee Signals & Commands

Referees will use standardized hand signals and verbal commands to communicate during matches.

These signals and commands are used to indicate:

- Start and stop of the match
- Points and penalties
- Disqualification
- Instructions to adjust uniform or return to position

WJT follows the standard IBJJF-style referee gestures and commands for match control and scoring.

Athletes and coaches are expected to understand and respect these signals and commands at all times.



Scoring System

World Jiu Jitsu Tour (WJT) uses a points-based scoring system designed to reward positional control, progression, and effective offense.

Points and penalties are awarded by the referee according to the positions and actions achieved during the match.

A position must be controlled and stabilized for **three (3) seconds** before points are awarded, unless otherwise specified.

Points

Points are awarded for the following positions:

- **Takedown:** 2 points
- **Sweep:** 2 points
- **Knee on Belly:** 2 points
- **Guard Pass:** 3 points
- **Mount:** 4 points
- **Back Control (with hooks or body triangle):** 4 points

General Point Rules:

- Points are only awarded after a position is stabilized for three (3) seconds.
- If an athlete transitions through multiple scoring positions in one continuous sequence, cumulative points may be awarded once the final position is stabilized.
- Points will not be awarded for repeating the same position after points have already been given for that position during the same sequence.
- If an athlete reaches a scoring position while caught in a submission, points will only be awarded after the athlete escapes the submission and stabilizes the position.

Penalties & Stalling

Penalties are given for rule violations, stalling, or lack of combativeness.

1. Stalling or lack of combativeness occurs when an athlete avoids engagement, avoids progressing position, or intentionally delays the action.
2. The referee may issue a warning before giving a penalty, but is not required to do so.
3. Repeated stalling or rule violations will result in escalating penalties according to the penalty progression system.



4. Penalties may affect the final result of the match and are used as a tie-breaker when points are tied.
5. An athlete who repeatedly refuses to engage or deliberately avoids the match may be penalized or disqualified.



Match Results & Decision Criteria

This section explains how match outcomes are determined at World Jiu Jitsu Tour (WJT) events.

Win Conditions

A match may be won by any of the following methods:

- **Submission**

A match is won by submission when an athlete:

- Taps with their hand, foot, or verbally
- Loses consciousness due to a legal technique
- Verbally requests that the match be stopped

- **Stoppage**

A match may be stopped and awarded to one athlete when:

- An athlete is unable to continue due to injury
- The referee stops the match to protect an athlete's safety
- The doctor stops the match
- An athlete is bleeding excessively, vomiting, or loses control of bodily functions
- Referee decides stoppage for teens/kids

- **Disqualification**

A match is won by disqualification when an opponent is disqualified due to:

- Accumulation of penalties
- A serious or illegal foul
- Unsportsmanlike conduct

- **Points**

When time expires, the athlete with the higher point total is declared the winner.

- **Penalties**

If points are tied, the athlete with fewer penalties is declared the winner.

- **Referee Decision**

If points and penalties are all tied, the referee will decide the winner based on which athlete demonstrated greater initiative, control, and effective offense during the match.

- **Walkover or Forfeit**

A match may be won by walkover or forfeit if the opponent does not appear, withdraws, or is unable to compete.



Tie-Breaker Hierarchy

When a match reaches the end of regulation time, the winner will be determined in the following order:

1. Highest number of points
2. If tied, lowest number of penalties
3. If still tied, referee decision

This hierarchy applies to all matches unless otherwise specified for a particular division or event format.



Medical & Safety Protocols

Athlete safety is a top priority at all World Jiu Jitsu Tour (WJT) events. These protocols exist to protect competitors and to ensure that medical decisions are made in the best interest of athlete health.

Injury Stoppages

1. The referee may stop a match at any time if an athlete appears injured or if the athlete's safety is in question.
2. If a match is stopped due to injury, the outcome will be determined according to the rules governing match results and stoppages.
3. If an athlete is unable to continue due to injury, the opponent will be declared the winner by stoppage, provided the injury did not result from an illegal action.
4. If an injury is determined to have resulted from an illegal action, the referee may disqualify the offending athlete.
5. Athletes who withdraw from a match due to injury will forfeit that match.

Doctor Authority

1. The event medical staff has full authority over all medical decisions during the event.
2. The doctor may examine any athlete at any time and may stop a match or remove an athlete from competition if they determine it is unsafe for the athlete to continue.
3. Medical staff decisions are final and may not be overruled by the athlete, coach, referee, or event staff.
4. Athletes who are removed from competition by medical staff may not continue in that division or any other division during the event.

Bleeding, Concussion & Withdrawal

1. If an athlete is bleeding, the match will be stopped and the athlete will be given a reasonable amount of time to control the bleeding and clean any blood from the mat or uniform.
2. If bleeding cannot be controlled within a reasonable time, or if it recurs repeatedly, the match may be stopped and the athlete may be declared unable to continue.
3. Any athlete suspected of having a concussion or who loses consciousness will be immediately removed from competition and evaluated by medical staff.
4. Athletes who lose consciousness due to a submission or impact may be barred from continuing in the event.
5. If an athlete vomits or loses control of bodily functions, the match will be stopped and the athlete will be declared unable to continue.
6. Any athlete who withdraws from a match or from the event for medical reasons will forfeit their remaining matches.



Accepted & Prohibited Techniques

WJT follows IBJJF's standard for Accepted and Prohibited Techniques. Bracket style (double elimination) (round robin format)

Prohibited Techniques (All Divisions)

- No Slams
- No scissor takedowns
- No bending fingers backwards
- No spinal lock without choke
- No suplex techniques with opponents head or neck landing on the ground
- No throws with opponents head or neck landing on the ground
- Knee Reeping (White to Purple) (Gi divisions)
- Heel hooks (gi divisions)
- Spiking
- Eye gouging, biting, hair pulling
- Small joint manipulation
- Neck cranks

Gi Divisions

- Only IBJJF-style legal grip
- No grabbing inside sleeves or pants

No-Gi Divisions

- No gripping shorts
- Rashguards required
- No pockets or zippers

Kids & Teens Divisions

Ages 4-9: 3 Minutes

Ages 10-15: 4 Minutes

- No leg or foot submissions including triangle when the opponent crosses their feet in back control
- No chokes with spinal locks
- Wrist locks
- Guillotine choke with or without the arm inside, peruvian necktie, neck crank techniques, anaconda choke, d'arce choke and any arm triangle variation
- Slams: from a closed guard
- Wrist locks
- Omoplatas
- Scissor takedown
- Calf and biceps slicers
- Pulling the head in a triangle



- Ezekiel choke from any position
- Kidney lock
- Suplex
- Jumping into guard
- Groin stretch
- Knee Ripping
- Single leg with the head outside
- Neck Cranks
- Triangle using the legs from any position without the opponents arm in

Juvenile White and Blue Belts - 5 minutes

- Slams
- Neck cranks
- Suplex
- Wrist locks
- Guillotine choke without the arm in
- Scissor takedown
- Calf and biceps slicers
- Kidney Lock
- Spinal Hyperextension
- Knee bars
- Heel hooks and toe holds
- Knee Ripping

White Belt - 5 minutes

Illegal submissions not allowed

- Prohibited Techniques
 - Heel hook
 - Knee bar
 - Toe hold
 - Wrist lock
 - Bicep slicer
 - Calf slicer
 - Lock inside closed guard with legs compressing kidneys or ribs

Blue Belt - 6 minutes

Illegal submissions not allowed

- Prohibited Techniques:
 - Heel hook
 - Knee bar
 - Toe hold
 - Bicep slicer
 - Calf slicer



Purple Belt - 7 minutes

Illegal submissions not allowed

- Prohibited Techniques:
 - Heel hook
 - Knee bar
 - Bicep slicer
 - Calf slicer

Brown Belt - 8 minutes

All submissions except those prohibited

Black Belt - 8 minutes

All submissions except those prohibited



Fouls & Penalties

World Jiu Jitsu Tour (WJT) enforces strict rules to ensure athlete safety, fair play, and the integrity of competition. Any action that violates the rules or puts an opponent at unnecessary risk may be penalized.

Fouls are divided into **minor fouls** and **serious fouls**. The referee has the authority to determine the severity of a foul and apply the appropriate penalty.

Minor Fouls

Minor fouls include, but are not limited to:

1. Stalling or lack of combativeness
2. Fleeing the match area to avoid engagement or a submission
3. Gripping inside sleeves or pant legs
4. Holding the opponent's uniform with fingers inside the fabric
5. Adjusting the uniform without referee permission
6. Using the mat or the boundary to gain an unfair advantage
7. Any other action that violates the rules but does not immediately endanger the opponent

Serious Fouls

Serious fouls include, but are not limited to:

1. Applying any illegal technique for the division
2. Slamming an opponent to escape a submission or from guard
3. Reaping the knee in divisions where it is prohibited
4. Cervical locks or spinal attacks in restricted divisions
5. Intentional strikes, biting, scratching, or gouging
6. Verbal or physical abuse toward the opponent, referee, or staff
7. Any action that puts the opponent at serious risk of injury

Penalty Progression

Unless otherwise specified, penalties for rule violations will follow this progression:

1. **First offense:** Warning or penalty, at the referee's discretion
2. **Second offense:** Penalty
3. **Third offense:** Penalty
4. **Fourth offense:** Disqualification



The referee may skip steps in this progression and issue an immediate disqualification if a serious foul is committed or if an athlete's behavior is deemed dangerous or unsportsmanlike.

Immediate Disqualification

An athlete may be immediately disqualified for:

1. Intentionally injuring an opponent
2. Using a clearly illegal and dangerous technique
3. Unsportsmanlike conduct of a severe nature
4. Ignoring the referee's commands
5. Any action that seriously endangers the opponent or disrupts the event

Effect of Penalties

1. Penalties may affect the final result of the match according to the scoring and decision rules.
2. A disqualification results in an immediate loss of the match.
3. In serious cases, WJT may impose further disciplinary action, including suspension or ban from future events.

Referee Authority

All fouls and penalties are assessed at the referee's discretion. The referee's decision regarding fouls, penalties, and disqualifications is final and not subject to protest, except as outlined in the Officiating Review & Protest Procedure.



Officiating Review & Protest Procedure

World Jiu Jitsu Tour (WJT) is committed to fair and accurate officiating. However, due to the live nature of competition, not all decisions can or will be reviewed. This section outlines the only circumstances and procedures under which a match result may be reviewed.

General Policy

1. The referee is the highest authority during the match, and their decisions are final unless reviewed under the procedure outlined below.
2. Protests or requests for review must be directed to the Head Table or Event Director, not to the referee.
3. Protests must be made in a respectful and professional manner. Disrespectful behavior toward referees or staff may result in disciplinary action.

What Can Be Reviewed

Reviews will only be considered in the following situations:

1. A potential misapplication of the rules regarding legal or illegal techniques.
2. A situation where a match-ending submission or disqualification may have been applied incorrectly.
3. A clear administrative or scoring error on the scoreboard.

Subjective decisions, including the awarding of points or penalties based on referee judgment, are not subject to review.

How to Request a Review

1. A review request may only be made by the athlete or the athlete's coach.
2. The request must be made immediately after the match and no later than 10 minutes after the match has ended.
3. The request must be accompanied by clear video evidence of the situation in question. Without video evidence, the request will not be considered.
4. The video provided must focus specifically on the incident being reviewed and must be reasonable in length.

Review Process & Decision

1. All reviews are handled by the Head Referee and/or Event Director.
2. No rematches will be granted, regardless of the outcome of the review.
3. If a review is successful, the match result may be changed to reflect the correct outcome, such as a submission win or disqualification.
4. Once a decision is made, it is final and may not be appealed further.



Limitations

1. Each athlete is allowed only one review request per division.
2. WJT reserves the right to refuse any review request that does not meet the requirements outlined in this section or that would disrupt the event schedule.



Awards, Podium & Rankings

World Jiu Jitsu Tour (WJT) recognizes athlete achievement through awards, podium placements, and, in the future, ranking systems.

Awards & Medals

1. Medals or awards will be given to top finishers in each division as announced for the event.
2. Only athletes who compete and earn their placement are eligible to receive awards.
3. Athletes who win a division by walkover or default may still be eligible for awards, unless otherwise specified by WJT.
4. WJT reserves the right to adjust the number or type of awards based on division size or event structure.

Podium Procedure & Conduct

1. Athletes who place in a division are expected to report to the podium area when called.
2. Podium ceremonies are part of the event experience and athletes are expected to behave in a respectful and sportsmanlike manner.
3. WJT reserves the right to withhold awards from athletes who engage in unsportsmanlike conduct or violate the Code of Conduct.
4. Athletes who do not report to the podium area when called may forfeit their opportunity to receive podium photos or awards.



Legal Disclaimer & Assumption of Risk

Brazilian Jiu-Jitsu and submission grappling are contact sports that involve inherent risks, including but not limited to physical injury, serious bodily harm, or death. By registering for, attending, or participating in any World Jiu Jitsu Tour (WJT) event, all participants acknowledge and accept these risks.

All athletes participate in WJT events voluntarily and at their own risk. Each athlete is solely responsible for ensuring that they are physically and medically fit to compete. WJT, its organizers, staff, volunteers, venue operators, sponsors, and affiliates are not responsible for any injury, illness, loss, or damage that may occur before, during, or after participation in any WJT event.

By entering a WJT event, each athlete agrees to release and hold harmless World Jiu Jitsu Tour, its directors, officers, employees, contractors, volunteers, and partners from any and all claims, demands, or causes of action arising out of or related to participation in the event, including but not limited to claims resulting from injury, disability, or death.

Athletes acknowledge that medical staff and referees have the authority to stop a match or remove an athlete from competition if they believe it is unsafe for the athlete to continue. Athletes agree to respect and abide by these decisions.

Participation in a WJT event constitutes agreement to all rules, policies, and procedures contained in this rulebook, as well as any event-specific rules or instructions issued by WJT staff.

WJT strongly recommends that all athletes maintain appropriate medical and accident insurance coverage.



Rule Amendments & Final Provisions

World Jiu Jitsu Tour (WJT) reserves the right to interpret, enforce, and amend these rules at any time in order to ensure athlete safety, fair competition, and the smooth operation of its events.

These rules may be updated to reflect changes in the sport, improvements in event operations, or updates to internationally recognized standards. Any such changes will apply to future events and will be communicated through official WJT channels whenever possible.

In situations not specifically covered by this rulebook, or in cases where the interpretation of a rule is in question, the Head Referee and Event Director have the authority to make the final decision. Their decisions will be made in the best interest of safety, fairness, and the integrity of the competition.

By registering for and participating in a WJT event, all athletes and participants agree to abide by the most current version of these rules, as well as any event-specific instructions provided by WJT staff.

This rulebook represents the official rules and procedures of World Jiu Jitsu Tour. All participants are expected to know and follow these rules. Failure to do so does not exempt any individual from their application or enforcement.

